



# Lake Quilters' Tidings



President, Sharon Pafford  
Volume 15, Issue 7

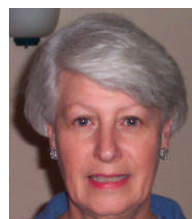
JULY 2006

Editor, Marnie Brush

## Ripples From Our President

By Sharon Pafford

I am sad to report that Carolyn Strong, one of our Guild members, passed away on July 9, 2006. We have been sending cards of encouragement to her for several months during her battle with brain cancer. Condolences to the family were sent on behalf of the Guild.



The **National Quilting Day** (NQD) committee has decided the date, location and program for 2007. Please reserve Saturday, March 24, 2007 on your calendar for this event. It will be held at Resurrection Catholic Church and enthusiastic quilt teacher, Augusta Cole, will present the program. Joyce Noell is our secretary so we will have detailed information for future reference. Don't forget to bring your extra blocks for our raffle quilt that will be made into an "irregular block quilt" by Sandra Horan and Alba Papa. The time, cost and other details will be determined later. We will need all your help as we get closer to March 2007.

After listening to Betty Dietz at our June meeting, I have decided to "go to work" at 9:00 and not be distracted by laundry, phone calls, etc. and make a big effort to get my Song Title challenge finished in August. I have always needed a deadline to get projects finished and December is too long a deadline with all the events that are scheduled between now and December. I do feel good when I ask different members about their challenge project and hear they are almost finished. Remember we plan to exhibit these at the Mid-Atlantic Quilt Show in Hampton, VA in February and we need 25-40 quilt items.

**Don't forget that we do meet again on August 22 for our regular monthly meeting.**

*Sharon Pafford, President*

**4th Annual Lake Quilters Guild Retreat**  
**November 10-12, 2006**  
**The Peaks of Otter Lodge**

Contact Stephanie Schaefer

today to make your reservation. Deposit of \$25.00 required.  
**ONLY 3 SPACES LEFT!!!**

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*Please remember to support our advertisers.*



**HAPPY  
SUMMER  
VACATION!!**

### NEXT MEETING

**August 22**  
**Trinity Ecumenical Parish**  
**Quilt In Year**  
**12 noon**  
**Meeting 1:00 PM**

## Program Information by Dottie Wilson

### Monthly Doings

Double your pleasure in **August** with our **Christmas in August** on the 1st and **Paula C. Golden** on the 22th.

#### Paula C. Golden

Paula is the co-author of the book, Quilts of Virginia 1607-1899: The Birth of America Through the Eye of a Needle based on the Virginia documentation project. She was selected as "2001 Teacher of the Year" by *The Professional Quilter Magazine*, she has taught locally, regionally, and nationally in addition to being on the staff of Jinny Beyer's Hilton Head Seminar since 1995.

Four of her original patterns have been published in *The Foundation Piecer* and *Quilts With Style*. Her quilts are featured in the books Designing Tessellations by Jinny Beyer, Quilts Are Forever edited by Kathy Lamancusa and Quilting With Manhole Covers by Shirley MacGregor.

#### Workshop-A Day at the Beach

August 22, 2006 9:00 to 12:00

**Cost: members: \$20.00 non-members: \$30.00**

Wiggle your toes in the sand and watch the sailboat off in the distance as you sew Paula's quick and easy original paper foundation pattern (6"x9" or 9"x12"). By the end of the day you will be reserving your vacation spot for next summer.

#### Supply List

Basic sewing kit

Sewing thread

Fabric:

Umbrella-scraps

Sand dune-large scraps of different values of browns

Sea-large scrap

Sky-1/2 yard (includes enough for backing)

Sailboats-scraps of brown for boat and fun colors for the sail

\*\*\*Bring extra fabric to play with

Embellishments: Embroidery floss for sea grass, umbrella pole

Tiny seashells, beads

Sewing machine in good working order

Extension chord and multiple socket outlet

*(Continued on page 4)*

## Guidelines for Workshops

Workshops are special opportunities for a small group of people (usually only 20) to have instruction from a guest teacher. Please follow these guidelines when signing up for a workshop.

- \* Sign-up will begin at 12:30 at the guild meeting in the month announced for the workshop sign-up. Only people who have signed-up AND paid can attend the workshop. You are not considered "signed-up" until you pay your money!
- \* If you are unable to attend the guild meeting at which the sign-up occurs, have a friend sign you up and pay your money. We will **NOT** be taking phone sign-ups before this time.....Please don't ask us to break this rule.
- \* Once the workshop is filled, a waiting list will be formed. If someone drops out of the class, the next person on the waiting list will be called. Please do not by-pass the waiting list by selling your spot to a friend. It is not fair to those who have been put on the waiting list.
- \* Once you are on the list, and find you will be unable to attend, you will not get a refund unless someone is found to take your place. Please call **Dottie Wilson** at **296.1497** as soon as you know you can't come and the next person on the waiting list will be called. If there is no one on the waiting list, you may then find your own replacement.

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In Collinsville, take bypass 220B. Take 58 West (Stuart exit). At the end of the exit ramp, turn left back towards Martinsville for about 3 miles. Get in left lane; follow Martinsville signs to rotate back onto 220 North. Cross bridge at the dam; studio next stoplight on left at the Virginia Centre.

*bfeeny@earthlink.net***(276) 632-5700 Brenda Feeny****New Fabrics and Books****Complete Line of Quilting Supplies and Classes****Block of the Month and Quilt Kits****Sign Up For Our Newsletter****The General Store**

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Linda Quinn

[quinnll@charter.net](mailto:quinnll@charter.net)**Book Review:** by Tina Dietz**Quilts from the Heart**

(by Karin Renaud)

Are you a beginner quilter looking for some easy but fun projects to make? Are you a seasoned quilter looking for some quick ways to use up some scraps? Do scrappy quilts warm your heart? Then it's time to pick up Quilts from the Heart by Karin Renaud. But first let me tell you about the inspiration for Renaud's book...it will leave you feeling warm all over.

In 2001 Renaud read about Project Linus, the organization that delivers quilts to children going through difficulties which are often times far beyond our comprehension. She was so touched by the stories and letters of those involved with and affected by the project that she began making quilts for Project Linus herself. In three years she made and donated 30 quilts! Because Renaud's love of the history behind quiltmaking is as strong as her motivation for making the quilts to give away, Quilts from the Heart is a compilation of twenty projects based on traditional quilt patterns, but using the more contemporary bright and fun fabrics children love. Once you see the explosion of cheerful colors Renaud uses you will easily be able to imagine the smiles they bring to their new owners' faces! (See "Churn Dash", pg. 42; "Greek Cross", pg. 50; and "Hens and Chicks", pg. 53).

Renaud's directions for the projects are clear and straightforward, and most of the quilts are made up of squares, rectangles, and half-square triangles. (No set in corners!) The projects are kept simple so that you, too, might be inclined to make a few to give away to children in need of smiles. As Renaud says, making quilts to donate not only leaves you with a warm feeling, but it may also provide you with an opportunity to use colors you might not ordinarily use for a project for yourself or your own family, or that wouldn't fit with your home's color scheme. As well, it offers you the chance to experiment with different blocks, block layouts, and even quilting techniques, on a small scale, before you tackle a larger project using those elements.

*(Continued on page 7)*

**Sweatshirt Jacket Workshop by Sandra Ferguson**

We're planning to have a sweatshirt jacket workshop in October, taught by Sandra Ferguson and Joyce Noell. For those planning to take the workshop, we thought you might like to have a supplies list now so you could be looking for your supplies.

Sweatshirts are hard to find in the summer months. We suggest trying [CheapesTees.com](http://CheapesTees.com) on line. They have a Jerzees 50/50 crewneck sweatshirt in 23 colors available for about \$8 plus shipping. Several people might like to go together and order, which will save shipping costs.

You will need a sweatshirt at least 2 sizes larger than what you'd normally wear. A size 12 person needs a man's large (42-44). A size 14-16 person needs a man's extra large (46-48). It should be washed in warm water and dried in the dryer before the workshop.

Other items you'll need are:

- \*an assortment of coordinating fabric scraps
- \*2-3 large pieces of fabric, coordinating with the scraps, 1/4 to 1/2 yard cut, full width
- \*sewing machine with decorative stitches, assorted feet for embroidery, and 2-3 bobbins filled with the thread that matches your shirt
- \*pins
- \*scissors
- \*sewing thread to match your shirt
- \*embroidery threads to go with the fabric

During the summer, we will be showing examples of shirts with a number of options. You can even make a vest, if you'd prefer. The method is the same. We even have one that uses "cheater" quilt fabric (not pre-quilted). Another option uses gros-grain ribbon between strips of fabric on the shirt, and takes about 20-25 yards of ribbon. We've also found a source of bulk ribbon that is decent quality, available in 100 foot rolls from [Papermart.com](http://Papermart.com). Even with the shipping, it's cheaper than buying at a fabric store, and you'll have a lot left over to share or use for other projects. You need 5/8" wide ribbon.

We'll keep you posted on the workshop. Look for examples on display during the summer, and start collecting your supplies. The cost of the workshop is \$10. It will be October 24 from 9-12.

**Program Information (Cont'd from page 2)**

Iron and ironing board  
 Spray starch

**Program: Body Smart Quilting**

**August 22, 2006 1:00**

Proper body mechanics and ergonomic workspaces (computer, sewing, ironing, and quilting) are the keys to quilting longevity. Learn ten easy tips to make your workspace healthy and efficient.

In **September Lois Griffith** will treat us to the insider's view of designing a quilt for Thomas Jefferson's Poplar Forest site. Her workshop will help us to design our own one of a kind quilts.

**Sandra Ferguson and Joyce Noell** will present a workshop on sweatshirt jackets in **November**. (See article above for supply list.)

**NOTICES**

- ◆ Please take newsletter to a friend or neighbor who is absent today
- ◆ Trinity Ecumenical Parish requests No Smoking in its building or on the grounds
- ◆ Guild pins for sale through Mimi McDermet, Treasurer
- ◆ Submit newsletter copy by 10th of month to:  
[marniebsml@earthlink.net](mailto:marniebsml@earthlink.net)



**Treasurer's Report - by Mimi McDermet**

Balance (5/31/06)	\$9593.07
June Income	1023.00
<b>June Expenses:</b>	
Mary Jo's Bus trip	100.00
Workshop/Program	569.10
Newsletter	29.40
Quilt Retreat Deposit	300.00
New Bees	28.68
<b>Total Expenses</b>	<b>-1027.18</b>
Balance (6/30/06)	\$9588.89

**2006 Officers**

**President**  
 Sharon Pafford  
 721.2830  
[spafford@charter.net](mailto:spafford@charter.net)

**VPs Programs**  
 Dottie Wilson  
 296-1497  
[ddwdhw@earthlink.net](mailto:ddwdhw@earthlink.net)

Bette Stubbs  
 721.4858  
[smlake@charter.net](mailto:smlake@charter.net)

**VP Membership**  
 Jan Hagen  
 721.2655  
[janishagen@charter.net](mailto:janishagen@charter.net)

**Secretary**  
 Linda Burke  
 721.7376  
[pjsun4@aol.com](mailto:pjsun4@aol.com)

**Treasurer**  
 Mimi McDermet  
 297.3604  
[mtmcd38@earthlink.net](mailto:mtmcd38@earthlink.net)

### Quilt in a Year-Star Sampler

Block of the Month for 2006 has a new look! Everyone is welcome. Star patterns from [mccallsquilting.com](http://mccallsquilting.com) will be presented each month and by the end of the year you will have a finished quilt. Join in at any time. Choose your own colors. Meeting time is 12 Noon the day of the guild meeting.

The block for July is **Star in a Star**. Contact any committee member if you have a question:

Marcia Wright [wbobmarciaw@aol.com](mailto:wbobmarciaw@aol.com)

Alice Vreeland [taylorladysml@aol.com](mailto:taylorladysml@aol.com)

Susan Palmer [snobirdone@charter.net](mailto:snobirdone@charter.net)

Ann Whalen [whalensworld@aol.com](mailto:whalensworld@aol.com)

Tina Fisher

### History of the LQG Banner

"Have you ever wondered how our Guild's banner came to be? In 1990 Nancy Miller (part-time New Hampshire, part-time SML) gave me her impression of a Lake Quilters logo, and I adapted it to the present design and made the appliquéd banner which we have used since 1991. Later we decided to have pins made from the photo I sent to the company that still makes them for us today. Now you know!"

Betty Hatfield

FOR MEMBERS you know who need a bit of cheer, please contact our Sunshine Chair Madeline Demchak at [\(madal687@charter.net\)](mailto:madal687@charter.net).



### **Featured Quilter of the Month**



Bernice Alcorn

I've sewn most of my adult life. I always loved quilts and thought someday I would try to make one. I started with wearable arts (jackets, vests, etc.). After reading about the guild in the paper I came to a meeting and joined. With the help of so many wonderful and talented people I was on my way.

I've learned not to be afraid to try new things. Surprisingly, some things I thought I would not like doing have become my favorites. I've given away a lot of my better projects. Hope I will have enough to display!

### MEMBERSHIP NEWS

By Jan Hagen

We welcomed two members to our guild at the June meeting.

**Susan Dittler** (a renewing member)

**Carol (Chris) Cameron,**

her email address is

[cjcame@aol.com](mailto:cjcame@aol.com). Birthday is 5/22.

Please make the following additional changes to your directory:

**Kim Deneault** has moved to 2284 Reepsville Rd., Lincolnton, NC and her email address is

[Kimld@attglobal.net](mailto:Kimld@attglobal.net).

**Marnie Brush's** new email address is [marnieb-sml@earthlink.net](mailto:marnieb-sml@earthlink.net).

**2006 LQG Quilt Challenge**

Top 10 reasons to do the Challenge Quilt...

10. You should participate in the Guild's activities. That's why you belong to the Guild!
  9. You can have your quilt displayed at the Mid-Atlantic Quilt Show!
  8. Sharon will be disappointed if you don't.
  7. You will get to show off your creative side.
  6. There are prizes to be won!
  5. You will always say , "I should have made a quilt for THAT song" every time you hear it if you don't.
  4. You will have a story to tell everyone about your quilt.
  3. You get to say, "Yes I did" when Cindy asks you if you made your challenge quilt and she'll leave you alone.
  2. You get to "CHALLENGE" yourself.
- And the #1 reason to do the challenge quilt is...
1. IT'S FUN!!!

Any questions?? Email me at [cstachelski@charter.net](mailto:cstachelski@charter.net)

Cindy Stachelski

Be sure to visit our website at <http://www.lakequilters.org>  
 Email additions or questions to [bull@lakequilters.org](mailto:bull@lakequilters.org)

**LQG MISSION STATEMENT**

Dedicated to the art and joy of quilting, exchange of ideas, making items for charity and appreciating each other's work. Monthly newsletter, workshops, demonstrations, and guest speakers enhance our craftsmanship and knowledge.

**Please Turn Off Cell Phones During Programs**

If you have a sewing, quilting or embroidery item for sale, call Marnie Brush at 540.721.4390 or email at [marniebsml@earthlink.net](mailto:marniebsml@earthlink.net). Include all pertinent information regarding the item(s) as well as condition, price, your name and a contact phone and email. Your ad will be placed (space available) in the newsletter.

**WEATHER CANCELLATION** notice of guild meetings can be found on Roanoke's NBC TV station WSLs Channel 10. (Don't laugh; remember hurricane season?) Or visit the WSLs website and click on "weather closings." Dottie Wilson is the contact for cancellations 296.1497 should you have questions.



**Cathy Fandel**  
 1164 Dry Hill Road  
 Ferrum, VA 24088  
 (540) 365-7430

TRINITY CHURCH requires all groups to clean up any portion of the church used, including the restrooms. Please do your share at the end of each meeting ...rack your chair. Look around and help clean our space, such as by removing trash from the building.

**BUS TRIP TO MARY JO'S FABRICS**

Lake Quilters Guild is planning a bus trip to Mary Jo's Fabric Store and the thread outlet in Gastonia, NC on Thursday, September 28. The bus will accommodate 54 people. The cost will be \$25. We hope to fill the bus with LQG members. In order to reserve your seat we ask that you pay when you sign up. You will also be able to sign up at the "Christmas in August" meeting on August 1st, or you may send your reservations to Mimi McDermet. We plan to invite other guilds to join us, so sign up soon. We don't want you to miss the bus! We look forward to a fun day of shopping.

Mimi McDermet

C

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**CHARITY PROJECTS**

Charity items distributed since last newsletter:

- 10 quilts to Franklin County Family Resource Center
- 20 bears to Bedford Hospice
- 10 bears to Moneta Volunteer Rescue Squad

Following is a thank you note from the family of Carlton Bowles:

Dear Lake Quilters' Guild...thank you for the beautiful lap quilt you made and shared with my father during his recent battle with cancer. It was a source of comfort to him during his last few weeks of life. We so appreciate your thoughtfulness. The family of Carlton Bowles.

"God willing and the creek don't rise"... Geri Grindle will be bringing thirty pounds of stuffing for our charity bears!! So...if it's too hot to be out gardening or it's raining, you may want to sew up some teddy bears and have them ready for stuffing! We'll have some bags that you can put stuffing in to take home and stuff the bears...but if you want to make sure you get some, you may want to bring a bag or two along.

FYI...Irene came through knee replacement surgery with flying colors! Thanks for all your thoughts and prayers. She was totally surprised by all the cards with fabric she received...thank you. It really lifted her spirits!! Now the hard part...therapy. Her goal is to be up and "running" for the bus trip to Mary Jo's the end of September.

Thanks for all your efforts on the charity projects. As you can tell by the heart-warming thank you notes we've received, they're very much appreciated.

Your Charity Committee,  
Irene Capps, Teena Livsey and Sandy Horan

**E-mail Issue of The Lake Tidings Available**

To date, over 100 members have signed up for the newsletter by e-mail. You receive your issue prior to the meeting, in color, and print it out right in your own home. If you would like to receive your newsletter by e-mail, please send an email to: [mar-niebsml@earthlink.net](mailto:mar-niebsml@earthlink.net)

Please put LQG in the subject line so I don't delete it as spam. Once I receive your request, you will immediately be put on the list for e-mail.

**Directions for downloading the newsletter by email:**

1. Be sure Acrobat Adobe is loaded on your computer. Click on Programs to see if it is installed on your computer. If it is not, go to [www.adobe.com](http://www.adobe.com) and download the FREE version.
2. When you receive your email, double click on the download (the file attached to the email) and it will download through Adobe (also called a .pdf file).
3. Once the document has finished downloading, hit the print button and you will have your newsletter.

If you have any questions or problems with the download, please either email me at [mar-niebsml@earthlink.net](mailto:mar-niebsml@earthlink.net) or call me at 721.4390.

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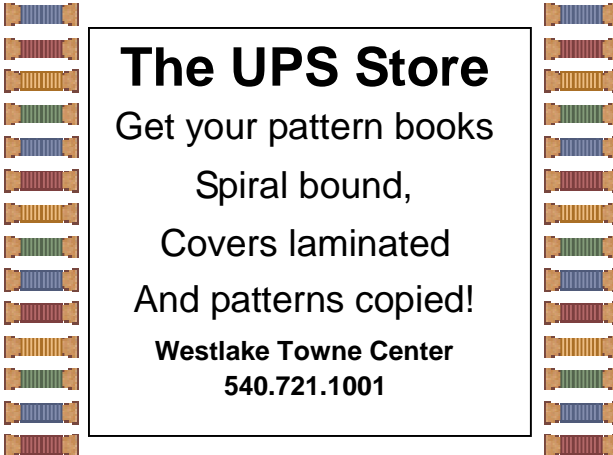
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**Book Review (Cont'd from page 3)**

In the front of her book, Renaud provides a section of quilting basics, along with a guide for calculating fabric requirements and a nifty tip for organizing fabric scraps. She also includes a wonderful quote which sums up what must certainly have been on her mind when she began Quilts from the Heart, and which will certainly touch the hearts of quilters everywhere: "...for we put the thought of all that we love into all that we make." —J.R.R. Tolkein. Our thanks to Martingale and Company for generously donating this book to our guild library. May it not only inspire us to make great quilts, but also to make some great quilts to give away! (You will find this book in the "Beginners" section of our library.)



**The UPS Store**

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## Buzzings from the Bees by Eloise Vass

**TO BEE OR NOT TO BEE** (*Harbor Village*) meets at member's homes, call **Alba Papa** for info &/or directions. Meets the **4th Thursday @ 10a.m.** Bring a sandwich. This bee will display at August Guild meeting.

**THE BUZZIN BEES** (*Boones Mill*) meet at **Velma Meador's** home **1st Thursday** of month **9 until ?** Bring works in progress or get help in quilting. Bring a sandwich. This Bee will display in March.

**THE SHADY LADIES** (*Moneta Area*) meet at **Margaret Harman's**, the **1st Monday** of the month, **9:30 until ?** This Bee will display in May. **This Bee will break for the summer and resume on Sept. 11.**

**THE NEWBEE** meets at Trinity Ecumenical on the **fourth Tuesday** of each month at **11 a.m.** Open to New Members! Call **Kate Holdgreve** email [Katedanhold@aol.com](mailto:Katedanhold@aol.com) for more info.

**KEPT IN STITCHES** (*Hillcrest Heights*) meets at **Alma Carter's** home **1st & 3rd Thursday** ( **all day Bee**). Bring a bag lunch. For more info call Alma Carter. Drinks will be furnished. **This Bee will break for the summer and resume on Sept. 7.**

**SOUTHSIDE BEES** (*Union Hall area*) meet **second Thursday** of each month, from **10-2pm.** Bring a bag lunch. Call **Betty Hatfield** for meeting info. New "worker bee" members welcome.

**THE MATERIAL GIRLS**— Meet the **first & third Tuesday** of the month, from **9:30 - 2:30.** This Bee is currently at capacity for membership due to the size of homes where meeting. Call **Karen Arends** for information. Bring a bag lunch.

**THE HAPPY HOOPERS**— Members homes on the **third Tuesday** of the month at **10:00 a.m.** Sharing info on new technology for embroidery machines, i.e. how to download info, sites, how to incorporate embroidery into quilts by machine, or hand work, etc. Bringing your embroidery machine is optional. Open to new members. Contact **Lucy Ricardo** or **Avis Withers.**

**STITCHES IN TIME** - Appliqué bee, meets **2nd Tuesday** at **10 am.** Call **Kinza Pickelsimer** for meeting location information. Bring a sandwich. Open to new members. This Bee will display in October.

The Guild would like each Bee to exhibit some of their work one month during the next year. Call Beekeeper Eloise Vass (721.4007) to sign up for a month and to announce any changes for your Bee.